



Our Family Contract

Date:

We need to spend more time _____. Once a week, the family promises to _____. At dinner we will _____. At dinner we won't _____. Every weekend, we will try to _____. After school, we should spend some time _____. Our family game night will be on _____. Once a week, we would like to eat _____ or _____. Before we go to bed, we should always _____. We can use technology for _____ a day.

We want to try to bring the following ideas into our family:

